Presentation by Amrita Gyawali
August 23, 2018

Slide 1: Presentation by Amrita Gyawali, Community Solutions Program Fellow, World Institute on Disability

Slide 2: Who Am I?

Photo of Amrita in front of a sign that reads “Community Solutions”
Photo of Amrita with six WID staff members at the Ed Roberts Campus in Berkeley, CA

Slide 3: My Journey

Photo of baby Amrita before her accident
Photo of Amrita as a young adult in her wheelchair looking over a body of water

Slide 4: Challenges

Physical Barriers

• Road and footpaths
• Traffic signs and zebra crossings
• Public Buildings
• Transportation
• Communication

Attitudinal Barriers

• Superhero
• Pity
• Stereotype
• Ignorance

Institutional Barriers

• Ineffective implementation of laws and policies

Slide 5: Physical Barriers

Photo of the roads in Nepal, busy with buses, cars, and motorbikes
Photo of a woman in a wheelchair on the road with a child on her lap and the sidewalk to her left, no curb cuts in sight

Slide 6: Public Transportation

Photo of the road in Nepal with buses, cars, and motorbikes; at least seven vehicles abreast
Slide 7: Public Transportation

Photo of green buses in Nepal
Photo of a green bus with a ramp out

Slide 8: Disability Prevalence

- According to 2011 National census of data, it states 1.9%.
- According to WHO, it states 15% of total population in Nepal.
- Total population of Nepal: 28.98 million (2016)

Slide 9: Laws and Policies

- Human Rights for Persons with Disabilities Act, October 15, 2017 (Asoj 29 2074 BS)
- Inclusive Education Policy for Persons with Disabilities, January 2016
- Constitution of Nepal, September 20, 2015
- United Nations Convention on the Rights of Persons with Disabilities (UNCRPD)

Slide 10: Inaccessible Public Toilet

Photo of a bathroom in Nepal with two large, concrete steps leading up to the door

Slide 11: Disability Definition

“Persons with disabilities include those who have long term physical, mental, intellectual or sensory impairments which in interaction with various barriers may hinder their full and effective participation in society on an equal basis with others”

Slide 12: Disability Classifications

1. Physical disability
2. Disability related to vision (blindness, low vision and total blind)
3. Disability related to hearing (Deaf and hard of hearing)
4. Deaf Blind disability
5. Disability related to voice and speech
6. Mental or psychosocial disability
7. Intellectual disability
8. Disability related to genetic bleeding (Hemophilia)
9. Disability related to autism
10. Multiple disability

Slide 13: Classification of Disability Based on Disability Nature

1. Profound disability
2. Severe disability
3. Moderate disability
4. Mild disability

**Slide 14: Sakshyam Foundation**

Vision: A society, where people with disabilities are treated equally, live life with dignity and be independent in a dynamic society.

Mission: Support children/adults with disabilities by creating access to education and employment opportunities.

**Slide 15: Embrace the Change (EtC)**

*Under the Same Sky Video:*
paragliding and boating in Nepal

Photo of the opening of the video on YouTube: mountains with a blue sky and white clouds

**Slide 16: My Goals**

1. Be a stronger Advocate
2. Improve my skills to be an effective project director
3. Learn about and incorporate American social inclusions into Nepalese context

**Slide 17: My Future Community Action Plan**

Start an employment training program for youth with disabilities in my community. The program will train about 5 youths with disabilities per month to make them competitive employees through intensive trainings and technical skills.

**Slide 18: Thank You!**

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Photo of Amrita on an accessible bike in Berkeley, CA