
Impact of Employment on Social Security Benefits

- The impact employment will have on benefits
- The impact of employment as it relates to health care
- Programs and resources that assist in benefits related topics

"I can't work - I will lose my benefits."

This is commonly the response when an individual who is receiving Social Security benefits due to a disability is asked about going to work. The myth that employment will lead to loss of benefits, including health coverage, has long been reinforced.

This is simply not true.

There are programs and resources that offer beneficiaries of disability benefits greater choice in obtaining the support and services needed to help them go to work and achieve their employment goals. It is possible to maintain benefits while progressing towards increased self-sufficiency. Safety nets, resources, and support can be accessed that may allow individuals to continue receiving benefits, lessen their dependency on benefits, and increase their financial well-being. Being fully knowledgeable of and equipped with accurate information about benefits, work incentives, and resources to reduce employment barriers is vital in the employment exploration process.